


Menu from Sept 2019– Preston Community Preschool

 Menu		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/09 30/09 28/10 25/11	Main	Moussaka	Chicken Curry	Lasagne	Fish Pie	Roast Dinner
	Veg					
	Dessert	Muffin	Biscuits	Jelly	Fruit Salad	Flap Jack
Week 2 09/09 07/10 04/11 02/12	Main	Chicken Curry	Sausage, Mash ,Beans	Cottage Pie	Tuna pasta & sauce	Chicken nugget, Chips & Beans
	Veg					
	Dessert	Choco Tart	Yoghurt	Strawberry Cheesecake	Muffin	Fruit Salad
Week 3 16/09 14/10 11/11 09/12	Main	Cottage Pie	Salmon Pasta with sauce	Chilli Corn Carne	Chicken Pie with Mash, vegetables and gravy	Spaghetti Bolognese
	Veg					
	Dessert	Carrot Cake	Gingerbread	Crumble	Banoffee Pie	Milk Jelly
Week 4 23/09 18/11 16/12	Main	Roast dinner	Chicken Casserole with couscous	Beef curry	Fish fingers & Chips with peas	Sausage Casserole
	Veg					
	Dessert	Flap jack	Rice Krispy's Cake	Banana Bread	Biscuit	Fruit Tart

Please come to the office about vegetarian or vegan option